



The Best Time to Fight Cancer?

Before You Have It.

Cancer comes in many forms and people of any age can get it. But there are some simple things you can do to protect your health. The best way to stop cancer is to prevent it by getting your screenings regularly and taking steps to live healthily each day.

Get Checked

Your chances of surviving the most common types of cancer are 80%-100% – if you catch it early. Cancer progresses in stages, starting “local” when it is in one organ or spot in the body. Catching cancer at the local stage before it spreads, makes a huge difference in your survival rate. That’s why preventive health screenings by your doctor are so important – they can find cancers early and save your life.

What Cancer Screenings Are Right for You?

Lutheran Senior Services health insurance covers cancer screenings at 100%, which means that you pay nothing out of pocket. Talk to your doctor to find out which of these useful screenings are right for you right now:

- Breast Cancer Screening/Mammography
- Colorectal Cancer Screening
- Prostate Cancer Screening
- Lung Cancer Screening

Visit www.anthem.com/preventive-care/ to learn more and find out what preventive services are recommended for you and your family.

